



## Adult Care Worker

### Course Overview

- ◆ This apprenticeship programme includes learning about the primary role of an adult care worker, who are the frontline staff helping adults with care and support needs to achieve their personal goals, and live as independently and safely as possible.
- ◆ The apprentice will learn the right values and behaviours needed for a care role and develop their skills to provide high-quality compassionate care and support.
- ◆ They will work in residential or nursing homes, domiciliary care, day centres, an individual's own home or other types of clinical healthcare setting.
- ◆ Students will act as a personal assistant to the individual, working directly with them to support their needs as required so the individual can be as independent as possible to live a fulfilling and rewarding life.
- ◆ Some of the core competencies the apprentice will learn include: supporting individuals they are working with according to their personal care/support plan, providing individuals with information to enable them to have choice about the way they are supported, ensuring dignity is at the centre of all work with the individuals they support, their families, carers and advocates, keeping information safe and confidential according to agreed ways of working, and monitoring and reporting changes in health and wellbeing for individuals they support.

## Who is it aimed at?

It's open to all ages - not just school or college leavers, employed adults are eligible too. The course is for anyone interested in the following job roles:

- ◆ Care Assistant
- ◆ Care Worker
- ◆ Home Care Support Worker
- ◆ Key Worker in Residential Settings
- ◆ Key Worker in Domiciliary Service
- ◆ Relief Team Worker

## Duration

- ◆ This apprenticeship takes approximately 12 to 18 months for the apprentice to fully complete.

## How is this apprenticeship delivered?

- ◆ As part of this apprenticeship programme, the apprentice will learn and work on the employer premises, completing tasks for portfolio building and practical role-related projects.

## Entry requirements

- ◆ Employers set their own entry specification but the apprentice will complete Maths and English functional skills if they did not achieve GCSE grade 4 or above.

## Off-the-job funding rule

- ◆ The funding rules state that 20% of the apprentice's time must be spent completing off-the-job training, this may include different activities and is measured over the course of the apprenticeship.
- ◆ Apprentices will be required to undertake the equivalent of a day's training to meet this funding rule. This could be either attending BCoT, shadowing another department/role, online learning, or manufacturer training and will be fully documented in their portfolio.

## Progression opportunities

- ◆ Upon completion of the apprenticeship, with the transferable skills gained, the apprentice can progress further within the profession into a wide range of care roles across many sectors.
- ◆ The apprentice may also progress their training further and undertake the Level 3 Adult Care Worker apprenticeship, or work towards other relevant qualifications related to their role in the workplace.

## Did you know?

- ◆ An apprentice can be a new or existing employee.
- ◆ Apprenticeships are open to anyone living in England over the age of 16 and not in full-time education.
- ◆ Apprenticeship programmes can go up to degree level.
- ◆ BCoT is one of the largest providers of apprenticeships in the region. We work with large and small employers across all industry sectors.
- ◆ BCoT is in the top 30% of colleges nationally for timely achievement of apprenticeships for all ages and levels - National Achievement Rate Tables 2017/18.

## Get in touch

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